

2019/2020 CYCLE CALENDAR - 4X2

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|-------------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| NOV 2019 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S |
| D1 | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D |
| D2 | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X |
| D3 | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A |

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|-------------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| DEC 2019 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T |
| D1 | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D |
| D2 | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X |
| D3 | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A |

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|-------------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| JAN 2020 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F |
| D1 | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A |
| D2 | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D |
| D3 | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X |

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|-------------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| FEB 2020 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S |
| D1 | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D |
| D2 | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X |
| D3 | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A |

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|-------------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| MAR 2020 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T |
| D1 | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A |
| D2 | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D |
| D3 | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X |

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|-------------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| APR 2020 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T |
| D1 | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A |
| D2 | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D |
| D3 | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X |

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|-------------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| MAY 2020 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S |
| D1 | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A |
| D2 | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D |
| D3 | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X |

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|-------------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| JUN 2020 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T |
| D1 | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A |
| D2 | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D |
| D3 | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X |

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|-------------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| JUL 2020 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F |
| D1 | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X |
| D2 | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A |
| D3 | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D |

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|-------------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| AUG 2020 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M |
| D1 | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X |
| D2 | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A |
| D3 | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D |

2019/2020 CYCLE CALENDAR - 4X2

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|-------------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| SEP 2020 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W |
| D1 | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X |
| D2 | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A |
| D3 | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D |

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|-------------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| OCT 2020 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S |
| D1 | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D |
| D2 | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X |
| D3 | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A |

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|-------------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| NOV 2020 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M |
| D1 | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D |
| D2 | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X |
| D3 | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A |

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|-------------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| DEC 2020 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T |
| D1 | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D |
| D2 | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X |
| D3 | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A |

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|-------------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| JAN 2021 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S |
| D1 | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A |
| D2 | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D |
| D3 | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X | X | D | D | A | A | X |